

WATER AEROBICS

Palm Park Aquatic Center
5703 Palm Avenue, Whittier, CA 90601



Classes Available

Monday & Wednesday

- 10:30 AM - 11:25 AM
- 11:30 AM - 12:25 PM

Tuesday & Thursday

- 11:30 AM - 12:25 PM

Suggested Class Equipment

- Foam Barbells
- Pool Noodle

Register at WhittierRec.com



Scan the QR Code to
go directly to
WhittierRec.com



@WhittierPRCS

Questions? Call Palm Park: 562-567-9495